

# Lay Prone

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## INSTRUCTIONS FOR USE

Codes 1501-1503

Codes KN003 – KN005 Kneeling Box Accessory




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## **1.0 INTRODUCTION**

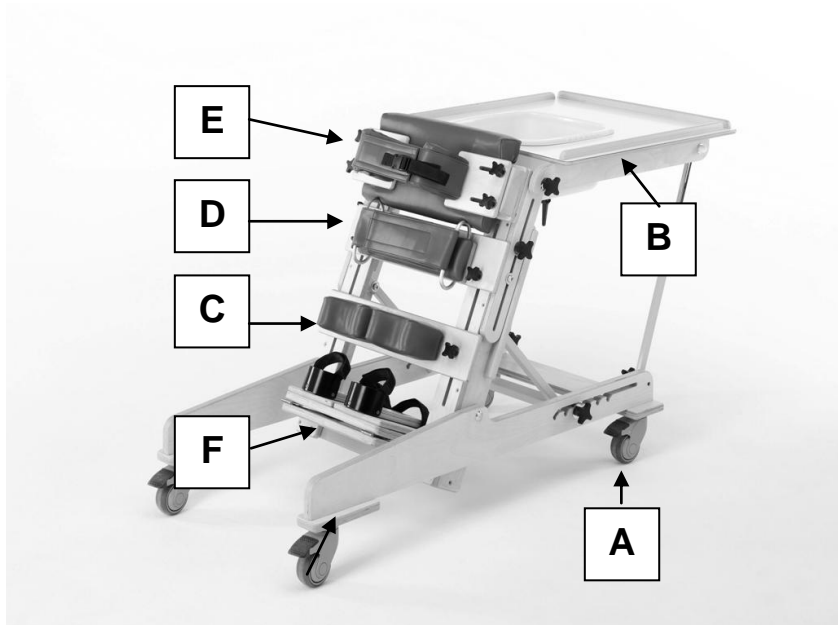
Thank you for choosing the Smirthwaite Lay Prone stander.

The Lay Prone is an economical and universal prone stander designed for children from the age of 18 months old to young adult who require moderate levels of support whilst developing control and function. The Lay Prone is ideal for school and home environments.


	<p><b>IMPORTANT!</b></p> <p><b>These instructions should be read by all therapists and carers using the equipment and should be retained for future reference. The product should always be used under adult supervision.</b></p> <p><b>Any incorrect use of the product and failure to follow the instructions may put the user at risk or impede the function. If you have any queries using this product or wish for further copies, please do not hesitate to contact Customer Service department on T: +44 (0) 1626835552.</b></p>
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## 2.0 ILLUSTRATION OF YOUR LAY PRONE STANDER

- A. Castor
- B. Tray
- C. Knee blocks
- D. Pelvic harness
- E. Thoracic and Lateral supports
- F. Footplate & Sandals



### 3.0 FOR YOUR SAFETY

	<b>STOP!</b>
	<b>Please read these instructions CAREFULLY and THOROUGHLY.</b>


- The user should NOT be left unattended whilst in the stander. Always ensure a responsible therapist or carer is in attendance.
- If you believe the stander or any fitted accessory to be faulty at any time, **DO NOT USE** – contact Smirthwaite by telephone on +44 (0) 1626 835552.
- The therapist should be familiar with the methods of adjustment and have completed all adjustments appropriately to meet the needs of the child before transferring the child into the stander.
- The stander is **ONLY** to be used indoors on a flat level surface.
- Always fasten the straps and harnesses provided with the stander.
- Regular maintenance checks and cleaning are essential for the safe use of this equipment (see Section 6.0 Care and Maintenance).
- Always keep this product away from naked flames, cigarettes and sources of heat including open fireplaces, radiators and heaters.
- **DO NOT** fit parts or accessories of other manufacturers to this product unless authorised to do so in writing by G&S Smirthwaite Ltd. Failure to follow these instructions will not only invalidate the guarantee but could make the stander dangerous to use. G&S Smirthwaite Ltd will not accept liability for any injury or damage incurred through such malpractices. Any repairs required must be carried out by G&S Smirthwaite Ltd authorised personnel.

### 4.0 UNPACKING YOUR LAY PRONE STANDER

- Your stander will be delivered assembled and will simply require final adjustment to suit the child's clinical needs before use.
- Once the stander has been carefully unpacked, please check all parts.

If you believe this product to be faulty - **DO NOT USE** - Contact G&S Smirthwaite Ltd on T: +44 (0) 1626 835552.

## 5.0 SETTING UP AND ADJUSTING YOUR LAY PRONE STANDER

	<b>STOP!</b>
	<p>If in any doubt, <b>ALWAYS</b> seek <b>ADVICE</b>.</p> <p><b>Always turn handwheels, levers and screws clockwise to tighten or anti-clockwise to loosen. The stander must be fully adjusted by a therapist or trained representative before use.</b></p>

### 5.1 TRAY HEIGHT

To adjust the tray to the correct height:

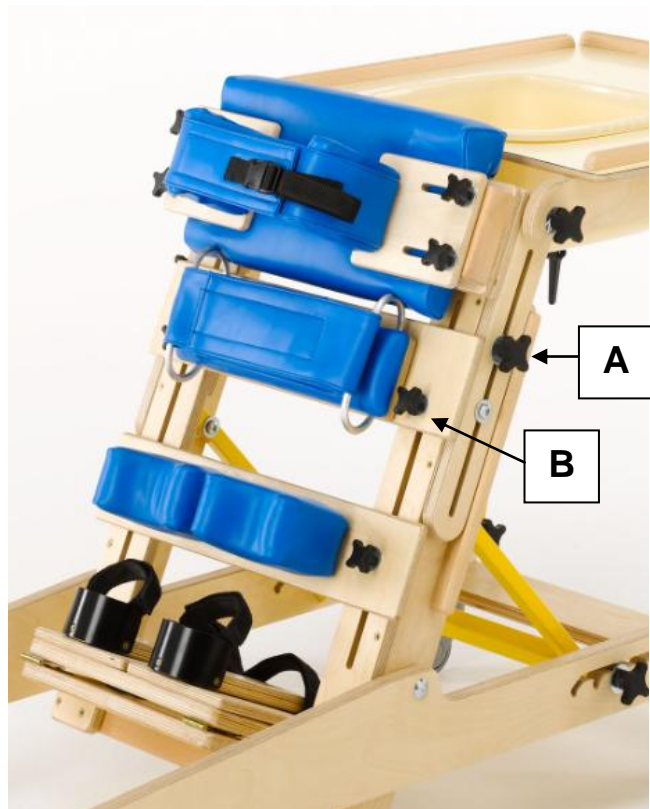
- Loosen the handwheels (A) located on each side of the frame.
- Adjust vertically the tray to the desired height.
- Re-tighten the handwheels (A).

### 5.2 PELVIC HARNESS

The pelvic harness can be adjusted in height and angle.

#### 5.2.1 GROSS HEIGHT

- Loosen the handwheels (B) located on each side of the frame.
- Slide the harness assembly to the desired height.
- Re-tighten the handwheels (B).



#### 5.2.2 FINE HEIGHT AND ANGLE

- Two handwheels can be found on the rear of the pelvic harness assembly.
- By loosening these, fine height adjustment of the assembly can be achieved.
- By twisting the assembly while the handwheels are loose, minor angle adjustment can also be achieved.
- Ensure both handwheels are re-tightened when adjustment is complete.

#### 5.2.3 USING THE PELVIC HARNESS

- Prior to transfer, the shorter straps of the harness can be positioned around the user's hips.
- The two longer straps are then threaded through the metal hoops on the pelvic assembly and secured using Velcro.

### 5.3 KNEE BLOCK

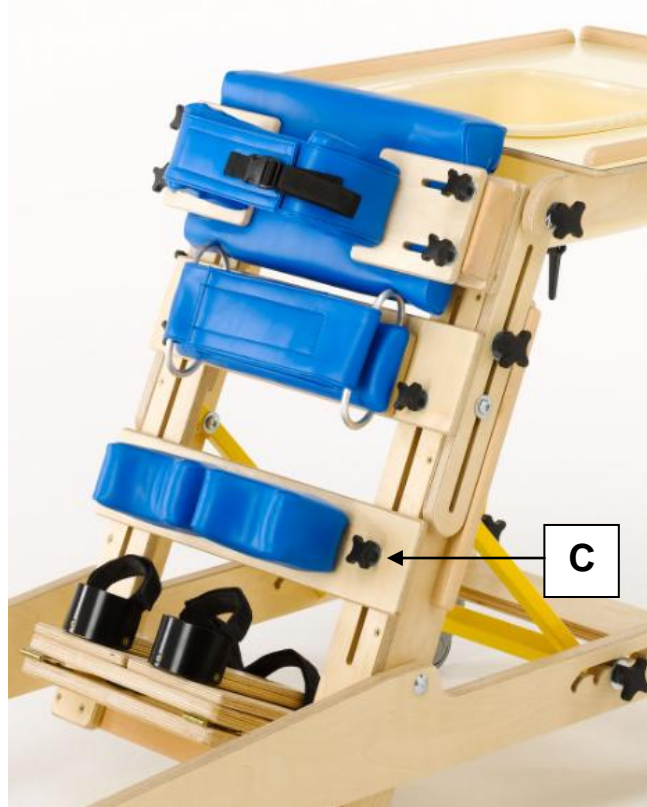
The Knee block assembly can be adjusted in height, width (pitch), and angle.

#### 5.3.1 HEIGHT

- Loosen the handwheels (C) located on each side of the frame.
- Slide the assembly to the desired height.
- Re-tighten the handwheels (C).

#### 5.3.2 WIDTH (PITCH)

- Two handwheels can be found on the rear of the knee block assembly.
- To adjust the position of a knee block simply loosen the appropriate handwheel, and move the knee block to the desired position.
- Ensure the handwheel(s) (C) are re-tightened before use.

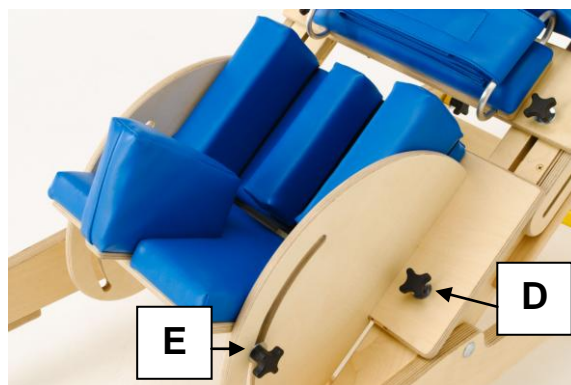


#### 5.3.2 FINE ANGLE ADJUSTMENT

- Fine angle adjustment of the knee block assembly can be achieved by twisting the assembly whilst handwheels (C) are both loose.
- Ensure both handwheels are re-tightened when adjustment is complete.

#### 5.3.3 OPTIONAL KNEELING BOX ACCESSORY (Codes KN003-KN005)

- This accessory can be supplied separately or factory fitted.
- It replaces the knee block assembly.
- It attaches to the Lay Prone stander using the handwheels provided, and is adjustable for height (D) and angle (E).

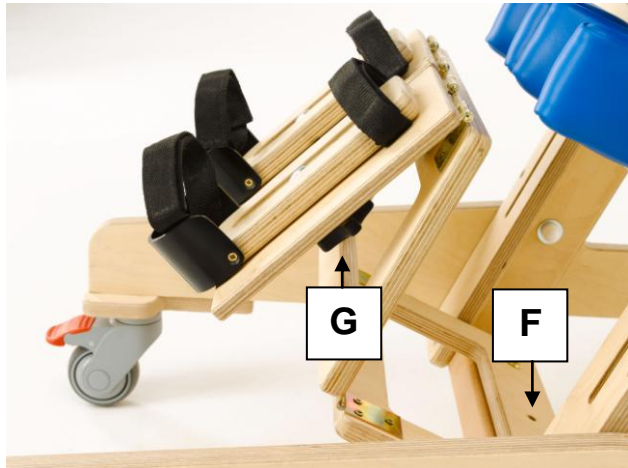


## 5.4 FOOT RESTS

The Lay Prone stander features a foot rest that hinges outwards to assist in transfer.

### 5.4.1 TO UNFOLD

- Remove the handwheel located on the front underside of the assembly (F) – here shown removed.
- Lift the assembly and pull outward to unfold as shown opposite
- To re-fold, the process is reversed.



### 5.4.2 SANDAL ADJUSTMENT

- Loosen the handwheel (G) on the underside of each sandal.
- The horizontal sandal position can now be adjusted backward or forward.
- By twisting the sandal, a level of angle can be adjusted.
- When the desired position has been set, re-tighten the handwheels (G).
- Riser/Step blocks are available to adjust the height of the sandal – please contact the factory or your local Product Advisor for assistance.

## 5.5 THORACIC AND LATERAL SUPPORTS

The Thoracic and Lateral support assembly can be adjusted in height, and width (pitch).

### 5.5.1 HEIGHT

- An alternative height position (fixing) is available on the top plate.
- This should be set on final adjustment prior to transfer into the stander.



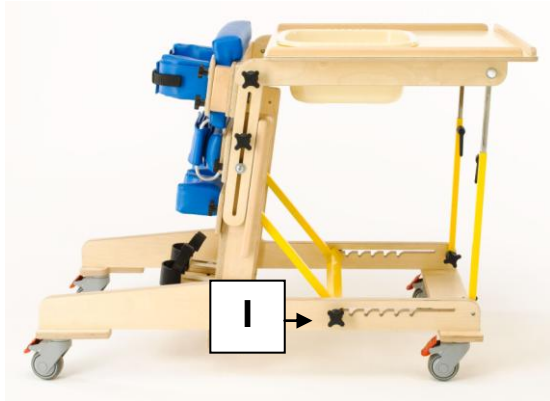
### 5.5.2 WIDTH (PITCH)

- Loosen each set of handwheels (H) as required to adjust the lateral support position.
- Slide each lateral support to the desired position.
- Re-tighten handwheels (H) before use.

## 5.6 PRONE ANGLE

The prone angle of the stander can be adjusted to suit the individual client's needs

- Loosen the handwheels (I) on each side of the stander.
- Adjust the prone angle as shown below.
- Ensure the handwheels (I) are re-tightened prior to use.




## 5.7 ACTIVITY BOWL

- When required the bowl fits in the tray. When not in use, the tray infill can be used.




## 6.0 CARE AND MAINTENANCE

	<b>IMPORTANT!</b>
	<b>Cleaning is recommended on a regular basis</b>

- Clean upholstery, metal and wooden parts with a damp cloth and mild detergent.
- Stubborn marks on wood work should be cleaned by using a soft brush.
- Do not soak or immerse the stander in water.
- Store the stander in a cool dry place and out of direct sunlight.
- DO NOT use bleach, solvents, abrasives, synthetic detergents, wax polishes, antibacterial sprays or wipes.
- For further information please refer to MHRA or your NHS cleaning guidelines.

### 6.1 DAILY CHECKS

- Check all parts for signs of wear and tear or damage.
- Check all straps for fraying, and that buckles are not missing/damaged.
- Check all screws, lever locks, and handwheels are present and lock satisfactorily.

	<b>STOP!</b>
	<b>The user should not be seated while the checks are carried out.</b>

### 6.2 SERVICE INTERVAL

The Lay Prone stander should be serviced every 3 years. Servicing must only be undertaken by a Smirthwaite service engineer, or by a Smirthwaite trained representative.

## **7.0 GUARANTEE & SERVICE**

The stander is issued with a full parts and labour guarantee for 2 years from the date of delivery. This guarantee does not apply to accidental damage caused through inappropriate use of the stander. This guarantee is issued at the discretion of G&S Smirthwaite Ltd on RTB (Return to Base) basis.

If you have any questions or doubts relating to the safety or use of the stander please contact us for advice or assistance on:

T: +44 (0) 1626 835552

E: [info@smirthwaite.co.uk](mailto:info@smirthwaite.co.uk)

## **8.0 CONTINUOUS IMPROVEMENT**

G&S Smirthwaite Ltd are committed to continuous improvement to their product range. Should you have any suggestions or comments please send them to our product design department at: [info@smirthwaite.co.uk](mailto:info@smirthwaite.co.uk)

G&S Smirthwaite Ltd reserve the right to change the specification or material without prior notice.

For catalogues, help and further information on our products please contact us at:

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**9.0 WARRANTY & AFTERSALE**

9.1 Product Information

Model:	
Size:	
Date of Manufacture:	
Serial Number:	

9.2 Service & inspection record form:

Date	Procedure	Service Personnel



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